

### HAPPY NEW YEAR – 2011 from the WORLD HAPKIDO ASSOCIATION

Pre-Registration for Winter Camp is due Jan 15th!

Anyone preparing to test for black belt rank during Winter Camp 2011 please contact Master Piller before Jan 15th! Form included on page 7

#### What's Inside:

- WHA Winter Camp 2011 details
- WHA summer Camp in Austria Flyer
- Great Articles
- So much more...

#### The WHA Welcomes:

Chuck Edwards from Kittanning, PA Master Yurian De Freitas from Panama City, Panama Michael Sleep from Hampton, New Brunswick, Canada

#### WHA Facebook Chat - LIVE!

Master Hindley will be doing a live Facebook chat on Mon., Jan. 3<sup>rd</sup>, 6pm PST and a second chat session on Mon., Feb. 7<sup>th</sup>, 6pm PST.

Members worldwide will be encouraged to get online, meet and talk about martial-arts, Hapkido, history, principles, training, suggestions, ideas etc...

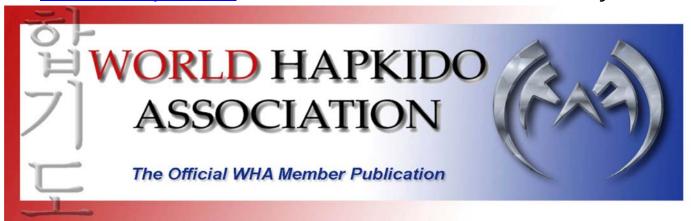
Winter Camp Instructor's Course
The Level I Instructor Course is
being offered at Winter Camp 2011.
Learn teaching methodology, principals
and concepts, and become a Level I
certified instructor is open to 2<sup>nd</sup> Geup
and above. This course is a prerequisite to and required for the Level II
WHA Certified International Instructor
Course.

**Level I** is being offered on **Thursday**, February 3<sup>rd,</sup> 2011, from noon until 5:00 p.m and is only being offered in the United States this year. The course is unique in the martial arts world, and is designed to help you help your peers, students or instructor, and maintain the high standards of the WHA's curriculum. \$99 covers materials, 5 hours of instruction and certification as a Level I WHA Instructor. Course size is limited, so to reserve your space, or for more information, first contact your instructor, then contact Dante J. James, WHA Director of Education, at danteij@comcast.net

#### WHA Official Dobok

*Master Piller* is putting together an order for **WHA uniforms/doboks**. If you're interested in ordering one, please contact Master Piller.

The World Hapkido Association Official Newsletter



#### **Need more Hapkido training?**

Visit our web site www.worldhapikdo.com and check out our Online Courses!

Our online training program was established in 2000 due to an overabundance of requests from people who had the desire to study but could not, because they were unable to locate a training center in their area.

Offering a multitude of courses as well as certification programs that uphold the high quality standards of the World Hapkido Association, our online courses provide the opportunity for anyone to study Hapkido anywhere in the world.

#### We Want to Hear from YOU! The WHA Newsletter is for the members by the members.

If you have something to say we want to hear it: *events, seminars, testing, promotions, opinions, questions, experiences, photos etc, on and off the mat.* 

Want to have your school profiled in an upcoming issue of the **WHA Newsletter**? Send us a bio on the school, instructor(s) and a photo and we will include it. Submissions are due the 21st of the month.

**AVAILABLE on DVD** 



Ultimate Hapkido with Master Tae Jung only \$59.95 + \$5.95 s/h

Courses I & II & III
Complete Staff Training
Featuring Master Jason Jung
\$49.95 + 5.95 s/h
Order yours today!





#### Join the WHA forum today.

Log onto www.worldhapkido.com. It's easy and it's free. Hear what members have to say. Ask questions, state opinions or tell of experiences!

#### **WHA Now on Facebook**

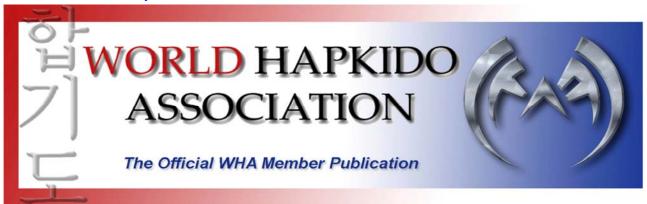
Join us at:

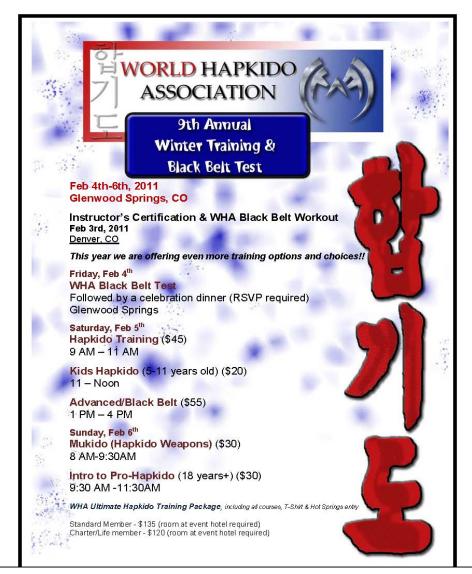
http://www.facebook.com/pages/World-Hapkido-Association/125484383047

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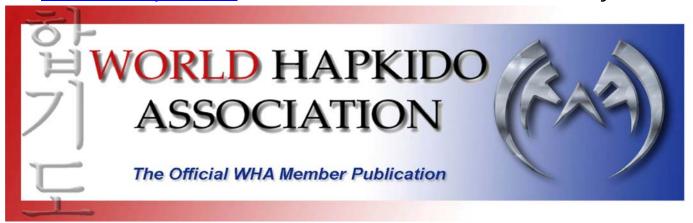


**Lakewood Hotel** – discount hotel link

Hotel Reservations: <a href="http://www.gatewayreservations.com/world-hapkido">http://www.gatewayreservations.com/world-hapkido</a>

Rooms are \$79 + tax per night (free breakfast)

Anyone who will need transportation to or from either Denver's or Aspen's Airport to the camp please contact Master Piller with flight details.



#### What is your Goal?

Every year many of us set out to tackle all the things we have set aside, missed out on, never started or left unfinished. We also challenge ourselves to accomplish the new and the different. The New Year brings in a rush of excitement and energy that seems to propel us forward into completing these feats. The hard part is not the setting of the goals to achieve, but rather it is maintaining that energy and strength to achieve them when things begin to slow down or seem pointless. Here is where the true test of character lies. How bad do we want it?

Before we consider how bad we want to obtain it, we must first ask ourselves if the goal we've set is worth it? Goals are funny like that. They are easily set merely with a spoken word. Sometimes the loftier they are the easier they are made. They fill us with enthusiasm and hope - as if a bit of magic exists. But often as the spoken word is uttered, there is a bit of carefree chuckle that accompanies it. The chuckle gives way to our ability to not really be responsible and/or accountable for the goals we set. As if we really don't believe in our intentions or want to make them succeed. We lessen our doubt with a casual, quiet laugh to ourselves - so to say "As if."

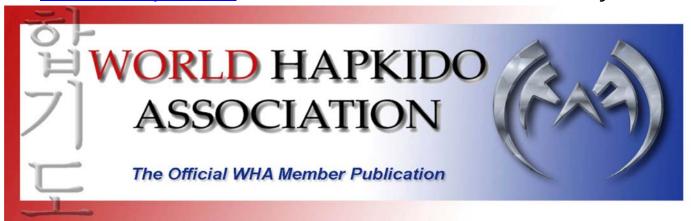
Goal setting should be made with those intentions most dear to your heart and mind These are things we most believe in and want in our lives – enriching others and ourselves alike. These are things we deem most necessary for our lives to be complete – to be fulfilling.

A goal made that is never worked towards is a goal not true to the heart, thus, it becomes wasted – it is time wasted. Be true to yourself. Be true to your goals and yourself. Know what you want - know that it can and will make a difference. Know that a world filled with individuals who are striving to be is far better than a world consumed by empty promises and wishful thinking. Wishful thinking is nothing without the desire to make it happen.

Choose what you want to happen! What is your goal?

Michael Aloia - Asahi Dojo, PA

From all of us at Asahi Dojo – Happy New Year!



## Grand Master Jung's Visit to Pittsburgh, PA

The students of Komplete Martial Arts of Pittsburgh, Pa, had the great pleasure of meeting and



training with Grand Master Jung, WHA President, on November 27, 2010. We were also joined by Master Chuck Edwards of the "More Than Conquerors" Hapkido Martial Arts School.

Training began at 10AM, GM Jung had us loosen up by getting some reps in rolling. We then began what was to be a progression from circle steps to sensitivity drills and the rudiments of our lock flow basics to almost the entire WHA curriculum up to black belt before the day was over. Grand Master Jung's power and speed of execution was phenomenal. All of the attendees were extremely impressed with Grand Masters effortless movements while delivering such stunning techniques. We were also equally impressed by the well thought out and developed progressions that had us all up more than a few notches in our locks and take downs by the end of the day.

The other thing that impressed all attendees was the excellent person that

Grand Master Jung is and how he taught as if we had all been his students for years. There was a lot of talk afterward about

future WHA events and more great training.

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The event ended at 4PM with the KMA students presenting

Grand Master Jung with a plaque to remind him of how much we appreciate him.

I cannot say enough about the quality of all aspects of the WHA organization. It has left me with a renewed vigor to teach and train. I also want to thank Grand Master Jung for all of his time and insight during our conversations and personal training. He has truly become a guiding force and new friend in the martial arts for me.

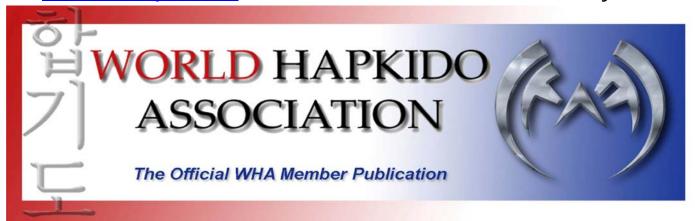
Hapki! Live to Train - Train to Live

Master Joe Cosentino



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# DEFEAT THE BULLY: SCHOOL SAFETY

Last article we discussed how to defeat bullies with confidence. Isn't it amazing what happens when we have confidence? We can achieve nearly anything we desire. I'm a huge fan of powerful quotes and I like this one, "If you think you can't you can't." However there are some safety tips kids need to remember when at school.

In the previous article I talked about the two types of bullying: verbal and physical bullying and the different factors that could make a person into a bully. These included: social, economic, and even religious backgrounds. This article I'm going to talk about different places and people kids can go to at school if someone is bullying them. One of first things we teach kids in antibully classes to tell an adult if they are being bullied. Because if they don't then the bullying will continue and the problems could actually get worse. If the bullies don't feel any consequences for their actions then what would stop them from continuing?

One of the first things we teach kids when it comes to bullying is to walk away and to tell any of the following people: any teacher, school principal, the nurse, custodian, and even their friends or peers. We recommend friends/peers because: kids may feel safer when with a group; plus one of their friends may have influence on the bully. Lastly the friend could tell the teacher for them if the bully is picking on their friend.

In addition to telling any adult or friend there are certain "safe zones" kids can go to if a bully is picking on them.

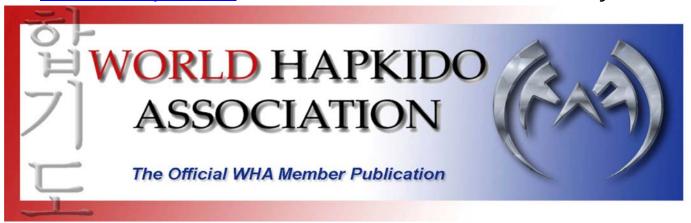
Some safe zones in schools are: any classroom with a teacher, main office, nurse's office, faculty room, and the school library.

Will Schneider Elite Martial Arts, KY



NEW WHA BASEBALL HATS Great Gift Idea Available & On Sale NOW! www.worldhapkido.com

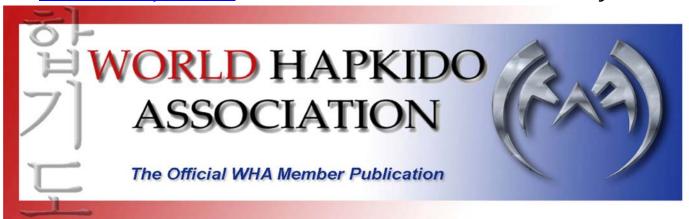
Each hat costs \$15.00USD plus shipping.



### **World Hapkido Association**

Black Belt Registration Form

Nationality
Name (as it will be on your Black Belt)
Address
Gender
Date of Birth Belt Size
Current Dan/Geup WHA Certificate ID
Applying for
I recommend the person named above as a well qualified applicant for the promotion of Dan grade from the <b>World Hapkido Association</b> .
Master D. Piller PO Box 630 Indian Hills, CO 80454
Master Dan Piller
Date





Master Dan Piller PO Box 630 Indian Hills, CO 80454 danpiller@worldhapkido.com 303-881-5150

Be a part of the 1st WHA Europe Camp!

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