



What's Inside:

- *WHA Summer Camp in Austria Flyer*
- *WHA Spring Seminar in NC*
- *Great Articles & So much more...*

The WHA Welcomes:

- Maya Janisse** from Newbury Park, CA
- Marvin Bailey** from Wirtz, VA
- Bobby Pitts** from Thousand Oaks, CA
- Ben Wunschel** from Richmond, VA
- Stephen Wunschel** from Richmond, VA
- Floyd Kish** from Grove City, PA
- Ralph Jenkins** from New Kingston, PA
- Darryl Winner** from Springfield, IL

International Members:

- Alexander C. Chan** from Tamuning, Guam
- Juliane Avancini Oliveira** from San Paulo, Brazil

WHA Winter Camp Awards & Promotions

- Mr. Dante James** – 2011 Winter Camp "Ki" award
- Mr. Jonah Fuechsel** – Award winner
- Kat Bernat** – Award winner

Black Belt Promotions:

- Cho Dan** – *Mr. Bill Kelly & Mr. Dante LittleHourse James*
- E Dan** – *Mr. Brian Johnstone*
- Sam Dan** – *Mr. Robert Benedetto*

WHA Online forum

Attention all WHA members – the **online member forum**, found on the organizational website, will be closed and removed starting this month. Online interaction between members

will continue taking place on the **WHA Facebook** page. If you have not already become a member of our Facebook, today is the day to join us!

Winter Camp Reflections

This year the **World Hapkido Association** held its ninth annual winter camp in Glenwood Springs Colorado. The president of the association Grand Master Jung introduced flowing drills and theories to all levels of experience and the learning was in no short supply. Material was covered very quickly in a comprehensive manner which gave each of the students several things to take away from the camp. After the session with Grand Master Jung the students were broken up into groups to study the mukido weapons portion of Hapkido. Each group rotated between several Hapkido Master's and, for the first time, mukido was offered to all martial arts experience levels rather than just black belt levels. Also for the first time a Pro Hapkido session was offered to introduce people to a competitive side of the art. In this session rules of the match were explained along with the protocol of Pro Hapkido and judging was reviewed in detail. After the explanations a few light contact matches were run to better understand the things covered in the session. Over all the World Hapkido Association's annual winter camp is always an incredible learning experience for all levels of martial arts ability and it never fails to amaze me how truly limitless the art really is.



Austin Linderer
Ki Martial Arts Centers



Need more Hapkido training?

Visit our web site

www.worldhapikdo.com

and check out our **Online Courses!**

Our online training program was established in 2000 due to an overabundance of requests from people who had the desire to study but could not, because they were unable to locate a training center in their area.

Offering a multitude of courses as well as certification programs that uphold the high quality standards of the World Hapkido Association, our online courses provide the opportunity for anyone to study Hapkido anywhere in the world.

We Want to Hear from YOU!
The WHA Newsletter is for the members by the members.

If you have something to say we want to hear it: *events, seminars, testing, promotions, opinions, questions, experiences, photos etc, on and off the mat.*

Want to have your school profiled in an upcoming issue of the **WHA Newsletter**? Send us a bio on the school, instructor(s) and a photo and we will include it. Submissions are due the 21st of the month.

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Join the WHA forum today.

Log onto www.worldhapkido.com. It's easy and it's free. Hear what members have to say. Ask questions, state opinions or tell of experiences!

WHA Now on Facebook

Join us at:

<http://www.facebook.com/pages/World-Hapkido-Association/125484383047>

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Another Milestone On A Lifelong Journey: WHA Winter Camp

Experience is the best teacher, as the old saying goes. Thus, a teacher with much experience would be considered the next best way of learning. The benefit of both is found through the experience of learning under many accomplished, extremely skilled people.

This learning opportunity that was the recent winter camp for the World Hapkido Association was a combination of experienced, dedicated individuals sharing the knowledge they had accumulated in their long careers to those with less experience. However, this passing-on of knowledge was not merely a static, do-as-I-say sort of teaching. The method used



to teach was a representation of the formless style of Hapkido: constantly moving, changing, and growing. What is taught and was taught is the concept over technique - the understanding of the motion rather than a set pattern. Grand Master Jung himself demonstrated this quite well in the first session of the camp. When he demonstrated flow from one joint-locking technique to another, his emphasis was not to worry about all the minute details of the motion, but of the flow from motion to motion. In his own words, "you don't have to remember this pattern. I might even forget it tomorrow." Again, his point was on the fluidity of motion and of the concept as a whole. Personally, I believe this experience was one of the most eye-opening and fruitful experiences of my rather short martial



arts career. A lot of growth can happen in a short time, and I would strongly recommend to anyone pursuing Hapkido to attend at least a few training camps in their journey.

This is not just an information seminar, though information is abundant. This truly is a gathering of masters and students all striving to grow as people and as Martial artists.

Thanks to many of the experienced instructors who were there, this growth was possible in my experience.

Also an eye-opener was the Black belt test. The practitioners would not have been testing if they had not shown the persevering spirit to constantly improve. It was a growing opportunity for those who passed, those who are still testing, and those whom have yet to make it to that place, such as myself. This was not merely a strut of how skilled someone is, but an opportunity to show the growth that has already taken place. Congratulations to all who tested.



This opportunity was, in my eyes, invaluable to the building of the practitioner. Without experience, how can one learn or grow? I must thank all of the Masters for sharing with us and making themselves available for this experience.

Thank you to Grand Master Jung, Master Piller, Master Phillips, Master Hindley, Master Hendrix, Mr. James, and everyone else who I may not recall at the moment. You are certainly people to be looked up to. May God bless you. Continue to do the good you are doing!

Adam Brill
Omega Martial Arts



The Challenge is on You

Each and every day holds challenges. Even more so, each and every moment is filled with decision to whether or not accept the challenge and conquer it. The choices we take decide the life we make. It is easy to allow things to pass us by and not take ownership of the things in our lives. Often it is easier to just turn and look away, pretending not to see or acting as if we do not know. Ignorance is bliss – but is it?

The things we never confront or never accept may be the things in life we miss out on. These opportune moments may be what change everything. They may be the things in life that propel us to new heights, open new doors and allow us to become a better version of our current self. It may be the fine line between living and just existing.

Hapkido is a world of moment by moment decisions and challenges are never in short supply. An opportunity exists every time each of us steps into the dojang to train. A difference can be made by the choices we make.

Showing up may not be enough. Actively taking a participating role may be required to experience, expect and to excel at the moment of choice. This moment – your moment.

Make the decision to make each moment spent at the dojo a personal challenge to shine and surpass your last time on the mat. Expect more and you will receive more. Challenge yourself to do more and your experience will be more. Allow yourself to excel and you will simply excel more.

Each moment holds the chance of a lifetime. To find what it holds the challenge is on you.

The challenge is self-challenge.

Michael Aloia – Asahi Dojo, PA

**originally appeared in Aikido Now*



MARTIAL ARTS A MUST FOR CHILDREN

Many times I receive phone calls and emails from parents who are looking for an activity for their child (ren). Now I played basketball, football, and other sports while studying martial arts since age 5; and in my opinion martial arts is the best activity/lifestyle for all kids. Parents if you're looking for any of the following life skills: focus, weight control, increased self esteem, respect, and self defense in one package, then look no further.

Martial arts is so mainstream now that you even see cartoon characters such as Sponge Bob and the return of the Power Rangers to the cultural scene. Not to mention wholesome family movies such as the Karate Kid remake and Kung Fu Panda. Mostly all of them display the values and lifestyle of a true martial artist.

In addition many school counselors and educators are turning to professional martial arts instructors for non-violent Bully defense programs and for hyper active or ADD/ADHD children for the peaceful values martial arts teach.

Nearly all professional academies teach their students a Student Creed or oath plus tenants that include: modesty, courtesy, integrity, self control, perseverance, and indomitable spirit to name a few.

As always parents do your research before selecting a professional martial arts academy. The benefits of martial arts training can last a lifetime; and could be one of the best investments for your family.

*Will Schneider
Elite Martial Arts*



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WHA U.S. East Coast Director—Master Hendrix' Greensboro HapKiDo Work-Shop Schedule

Saturday, Feb 26th from 12-2:00 pm.

- ☞ Topic: Knife Defense
- ☞ Only \$45.00.

Tentative: Saturday, May 21st from 12-2:00 pm.

- ☞ Topic: Reversals (Anti-Grappling)
- ☞ Only \$45.00.

Tentative: Saturday, Aug. 20th from 12-2:00 pm.

- ☞ Topic: Kick Defense
- ☞ Only \$45.00.

Tentative: November 19th from 12-2:00 pm.

- ☞ Topic: Advanced Grab Defense & Finger Locks
- ☞ Only \$45.00.

Note: If you are coming from out of town and wish to book a private lesson with Master Hendrix, please pre-pay and book in advance as availability is extremely limited.



* WHA President, Grand Master Tae Jung at Essential Martial Arts w/ Master Hendrix for Black Belt Testing and Seminar

Tentative: Friday, June 24th - Black Belt Test (7:30pm) & Tentative: Saturday, June 25th - Seminar (10am to 3:30pm w/1 hour lunch break) **Fundamentals, Flow, Self Defense... Don't miss this opportunity!**



Seminar Cost: Pre-Pay by June 1st: \$79. After June 1st: \$99. (Additional family members are half price)

Essential Martial Arts: 2959 Battleground Ave. Greensboro, NC 27408
PayPal & Email: Mhendrix@essentialmartialarts.com ph: 336-282-3000
PayPal or Call to Pay by Phone. No checks. Cash Only at the Door.

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8th Dan & WHA President
Master Dan Piller
5th Dan & WHA Secretary General

Registration & Reservations required
WHA early: \$135USD, WHA late: \$160USD, Other: \$185USD

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