

Find us on *Facebook* by searching for *World Hapkido*



What's Inside:

- *Great Member Articles*
- *Pro Hapkido Tournament*

The WHA Welcomes:

Douglas Wood from Henrico, VA

New Members from Mr. Floyd Kish, PA

- Dustin Adams**
- Darin Reese**
- William Abraham**
- Bill Cummings**
- Alex Derrick**
- John DeLorenzo**
- Andrew Mailander**
- Joshua Strobel**
- Norman Boyer**
- Jeff Hilyard**
- Adam Bryant**



When we come to train – why are we there? Do we train solely for our own benefit or the benefits of others, helping them achieve their goals, as we work towards our own?

Martial Arts help in cultivating better and stronger relationships. These relationships build better communication thus; can build a better community while building a better individual. The focus is not solely on us but on *all of us*. The opportunity to help another is a gift that benefits everyone. We can learn so much by giving so little – our time and our attention as a starting point.

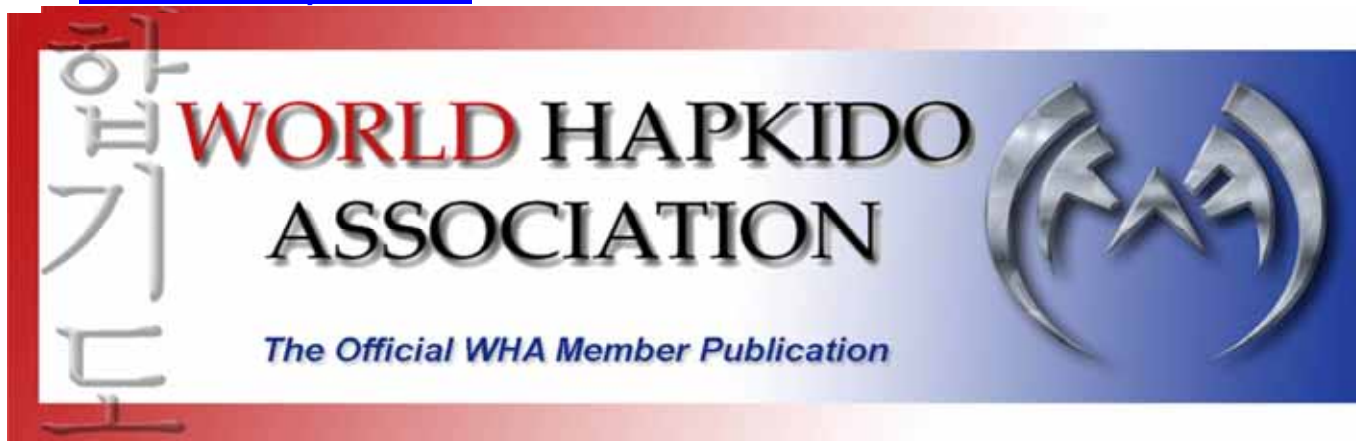
The challenges we face in the Martial Arts are not easy ones. Together there is strength in numbers. To face a challenge alone can be daunting but with others it becomes encouraging. If we cannot give of ourselves then we can never expect to truly receive the gifts that will make us whole – *compassion, mercy and love*.

Martial Arts are a way of finding our purpose in life. Traditionally it is a life of service and to do that, the purpose involves others. When we give to another, in turn that person will give to another and so on and so on. The cycle will continue as a better community, a better world is created - together we learn, together we grow. Ask yourself "*What can I do for another?*".

NEW WHA Wall Flag!



Available to WHA Charter & WHA Life Members Only
\$35 for flag including s/h.
Please contact **Tom Reed, WHA Executive Director**, to order.



Need more Hapkido training?

Visit our web site www.worldhapikdo.com and check out our **Online Courses!**

Our online training program was established in 2000 due to an overabundance of requests from people who had the desire to study but could not, because they were unable to locate a training center in their area.

Offering a multitude of courses as well as certification programs that uphold the high quality standards of the World Hapkido Association, our online courses provide the opportunity for anyone to study Hapkido anywhere in the world.



**We Want to Hear from YOU!
The WHA Newsletter is for the members by the members.**

If you have something to say we want to hear it: *events, seminars, testing, promotions, opinions, questions, experiences, photos etc, on and off the mat.* Want to have your school profiled in an upcoming issue of the **WHA Newsletter?** Send us a bio on the school, instructor(s) and a photo and we will include it.

Submissions are due the 21st of the month.



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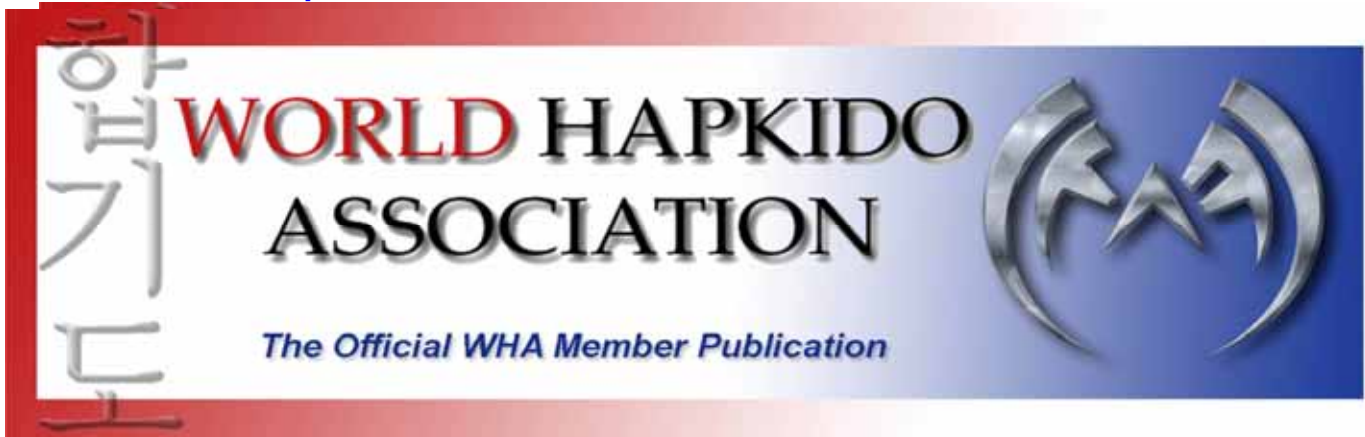


WHA HATS
On Sale Now \$15.00 + shipping
www.worldhapkido.com



World Hapkido now on Facebook





Making a Difference*

Making a difference is easy to say, easy to talk about but to actually take action and put forth into action those thoughts and words is something different, something much greater. This is the goal of the Martial Arts community. To make a difference, change is required. For change to take place, those involved must believe it will happen. This belief is what will fuel our individual actions into motion, propelling all of us forward and beyond. Here is where true change takes place – where a real difference is made.

Community is the cornerstone of humankind's existence and strength. Without it, progress halts. Without

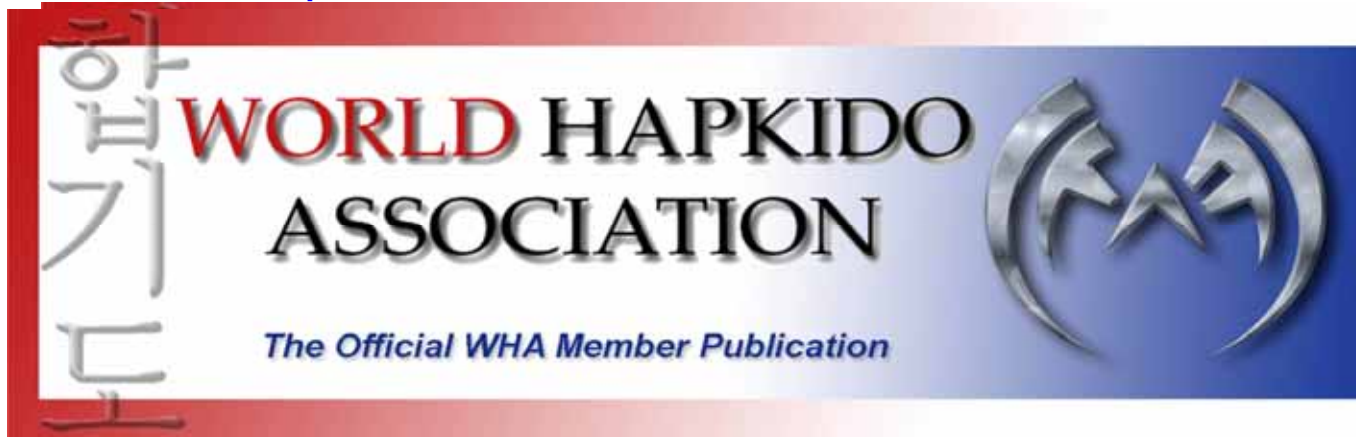
community, no differences can be made. Yet with the inclusion of others, anything is possible. An infinite stream of ideas and input is available. Community maintains responsibility for every living thing– community past, present and future.

Martial Arts, such as Hapkido, are designed to empower the ones who truly can make a difference – the community – our community. An union for the people, by the people, of the people and together with the people. Together a difference will be made.

Michael Aloia – Asahi Dojo, PA

*originally appeared in Aikido Now





Hapkido Terminology

A deeper look into the words of the way

Hapkido kicks are originated from 'Tae-Kyun', the ancient art of Korean Kicks. Integration of the ancient art 'Tae-Kyun' and Yu-Sool, the original art from the founder Choi Yong Sool is what we have today 'Hapkido'.

There are significant emphasis of kicks in Hapkido training and we have around 20 basic kicks that we use in our art. We will list the names of Hapkido kicks in the next few newsletters.

발차기: Bahl-Cha-Ki meaning 'Kicks'.

앞차올리기: Ahp-cha-oliki meaning 'front high kick'.

This kick is similar to a stretching kick-with your heel pointed up kick straight up without knee bending.

앞차기: Ahp-cha-ki meaning Front kick

밀어차기: Mil-uh-cha-ki meaning Push kick

족도차올리기; Jok-Do-cha-oliki

meaning 'foot edge high kick'
This kick is similar to Ahp-cha-oliki, except for using the knife edge of foot than the heel for kicking.

족도차널기: Jok-Do-cha-nutki

meaning 'foot edge pushing kick'
This kick is similar to Push kick except for using the knife edge of foot than the heel for kicking.

...to be continued

If you have any further questions about hands or any other names of Hapkido techniques in Korean, please send your questions to HapkidoDictionary@worldhapkido.com and you will receive your answer by next newsletter

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WORLD HAPKIDO ASSOCIATION



The Official WHA Member Publication



Presents

WHA Hapkido Seminar with Master Monty Hendrix

Location
Dragon Star Martial Arts
10 Kugler Road
Limerick PA 19468
610-495-4777

Host
Dragon Star Martial Arts
www.dragonstarma.com
dragonstarma@comcast.net

Seminar open to all ranks
Teens and Adults

Date: May 5th, 2012

Time: 9:30am - 12:30pm

Cost: \$45.00



The Seminar will cover Hapkido fundamental techniques and movement. Self-Defense (from WHA Curriculum), basic Hapkido ground defense and Dan Bong (short stick).



2012 Annual WHA/DSMA Hapkido Seminar



Seminar: WHA President - Grand Master Tae Jung & WHA U.S. East Coast Director Master Monty Hendrix

Date: Saturday, May 19th. Time: 9:00 am— 12:30pm *

*WHA Black Belts will break off for black belt training from approximately 11:00-12:30

Cost: \$89 (\$79 if you pre-pay by May 5th—no exceptions).

Additional family members are half price.



WORLD
HAPKIDO
ASSOCIATION



**Location: Essential Martial Arts
2959 Battleground Ave.**

Greensboro, NC 27408

Mail Checks* & Reg. forms or call to make
payments: 336-282-3000

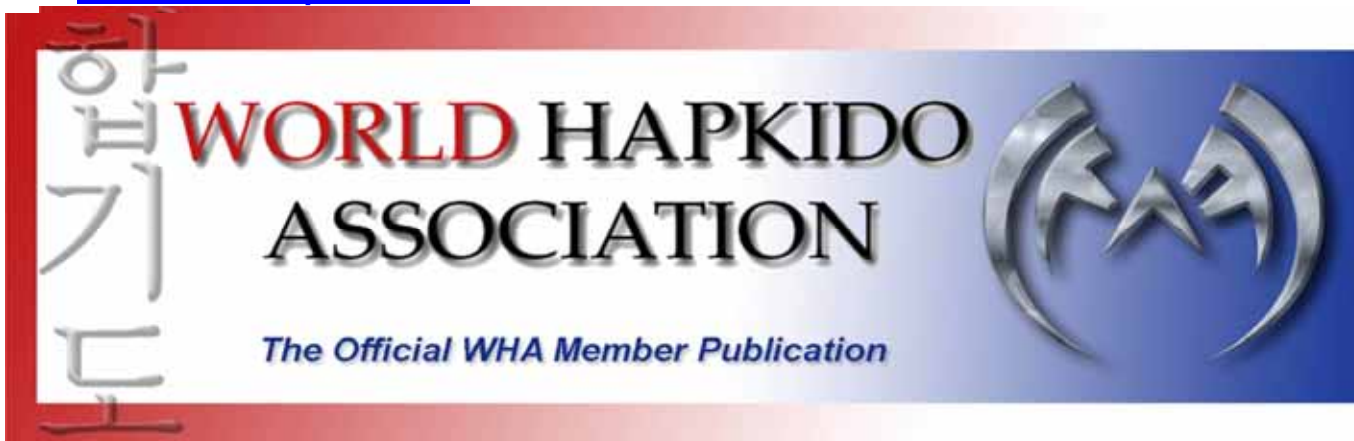
or paypal to:

mhendrix@essentialmartialarts.com

(Reg. forms can be signed & emailed)

*No checks from Non-EMA members after May 5th

Grand Master Tae Jung at Essential Martial Arts in 2011. Don't miss his 2012 visit!



Martial Arts Seminar Registration Form

(A form must be submitted for each participant)

Grand Master Tae Jung

& Master Monty Hendrix seminar

Saturday, May 19th, 2012. (9:00am-12:30 pm)

Cost: \$89 per person. **\$79 if prepaid by May 5th (no exceptions)**
Additional family members are half price!

Location and mailing address: Essential Martial Arts:
2959 Battleground Ave.
Greensboro, NC 27408

Mail Checks & Reg. forms or call to make payments: **336-282-3000**
or paypal to: **mhendrix@essentialmartialarts.com**
(Reg. forms can be signed & e-mailed to: mhendrix@essentialmartialarts.com)
No checks will be accepted from non-EMA students after May 5th.

Participant's Name: _____ Fee: _____ Age _____ Instructor Name _____

Phone # _____ E-mail: _____

Special Medical or other info: _____

Master Hendrix' Essential Martial Arts

WAIVER AND RELEASE OF LIABILITY

The School urges you and all students to obtain a physical examination from a doctor before using any exercise equipment or participating in any exercise class. All exercises, including the use of weights and use of any and all machinery, equipment, and apparatus designed for exercising shall be at the student's sole risk. Student understands that the agreement to use, or selection of exercise programs, methods and types of equipment shall be student's entire responsibility, and the School, owners, hosts and event leaders shall not be liable to student for any claims, demands, injuries, damages, or actions arising due to injury to student's person or property arising out of or in connection with the use by student of the services, facilities, and premises of the School. Student hereby holds the School, its officers, owners, agents, guests, guest instructors and employees harmless from all claims which may be brought against them by student or on student's behalf for any such injuries or claims. Student agrees to follow school rules as promulgated from time to time. Violation of these rules may be the cause for suspension or cancellation of membership.

Signature of Participant (Parent's signature if a minor) _____

Date: _____

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2ND ANNUAL ROCKY MOUNTAIN PRO-HAPKIDO CHAMPIONSHIPS



**Sparring & Self Defense
Divisions**

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SATURDAY, JUNE 2ND 2012 1PM-4PM



2011 Grand Champion Award

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17864 Cottonwood Drive
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For registration and details visit

www.KiMartialArts.com

The World Hapkido Association Official Newsletter

www.worldhapkido.com

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