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WORLD HAPKIDO ASSOCIATION



The Official WHA Member Publication

The WHA welcomes:

Walter Isaacs of Edgewater, Maryland
Ferdinand Candelaria of Cavite, Philippines

Contrgaulations to:

Monty Hendrix - appointed **WHA State Representative for North Carolina**
Master Dante James – appointed **WHA Director of Education**



2009 Camp Spirit Awards:

Robert Benedetto
Monty Hendrix
Christa Taylor
Outstanding Dedication:
Michael Aloia



Master Jeff Hindley promoted to 5th Dan
Mr. Rob Schenk promoted to 1st Dan
Ms. Rita Rollman promoted to 1st Dan
Mr. Michael Kitch promoted to 1st Dan

The WHA Denver Winter 2009 Camp

was a great success! Participants from throughout the organization including Canada, India and various parts of the United States attended and trained at the first ever two-day winter event. The Hapkido family continues to grow even during these tough economic times. It is a testament to the true nature of the

martial spirit – one that can be suppressed but rather embraced by this ever-changing world. Thank you to everyone who made it possible by their support, continuous efforts and education. *See additional articles**

Start making plans for the 2009 WHA SUMMER CAMP in North Carolina!

World Hapkido Seminar
Essential Martial Arts
Saturday May 23, 2009
12:00-3:00 pm: All Belts
3:30-5:30 Black Belt Training

Special Guest Instructor
Master Dan Piller:
WHA Secretary General

Friday Night, May 22, 2009
Mr. McKillican, Mr. Weston and Mr. Thomas will be testing for their HapKiDo 2nd Degree Black Belt.

Contact **Monty Hendrix** or visit www.essentialmartialarts.com
For more information

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Need more Hapkido training?

Visit our web site—www.worldhapikdo.com
and check out our **Online Courses!**

Our online training program was established in 2000 due to an overabundance of requests from people who had the desire to study but could not, because they were unable to locate a training center in their area.

Offering a multitude of courses as well as certification programs that uphold the high quality standards of the World Hapkido Association, our online courses provide the opportunity for anyone to study Hapkido anywhere in the world.

We Want to Hear from YOU! ***The WHA Newsletter is for the members by the members.***

If you have something to say we want to hear it: *events, seminars, testing, promotions, opinions, questions, experiences, photos etc, on and off the mat.*

Want to have your school profiled in an upcoming issue of the **WHA Newsletter**? Send us a bio on the school, instructor(s) and a photo and we will include it.

Submissions are due 25th of the month.

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Ultimate Hapkido
with Master Tae Jung
only \$59.95 + \$5.95 s/h

Courses I & II & III
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Order yours today!



Join the WHA forum today.

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It's easy and it's free.

Hear what members have to say. Ask questions, state opinions or tell of experiences!

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Feeling is Believing*

The saying goes "seeing is believing". Many times that is the case. People can talk a good game but seeing it for one's self is the icing on the cake. Hapkido though is different. Sure, seeing may make a believer out of some. But is what they are seeing really happening? Or is it so prearranged that you're seeing only what they want you to see?

True Hapkido is not something you can see, but something you feel, whether you are the attacker or the defender. It comes from inside and expands out and beyond. The art is the movements we do and the philosophies we strive to live by. But the martial aspect is the intent of those movements and how we chose to apply the philosophies.

Hapkido – good to the last drop because feeling is truly believing.

-Michael Aloia Asahi Dojo, PA

**Originally appeared in Aikido Now*

Etiquette

It is the student's responsibility to be on time for class. It is understandable that situations will arise that may prevent us from getting to class on time. But it should not be made a consistent practice. Please be respectful and make every effort to be on time.

The wearing of jewelry – rings, earrings, necklaces, bracelets, etc., during training is not permitted at the Dojang. These can cause injury to another or yourself. Please make sure to remove any items and store them with your belongings.

Others will respect you if you first respect yourself. True mastery of an art is first being able to master one's self.

While working with your partner, always keep in mind their safety as well as your own. You will get what you give.

A safe and respectful training atmosphere is in everyone's best interest.

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***Reflecting on the 2009 WHA Winter Camp**

The 2009 WHA winter camp “unofficially” began on Thursday, Feb 12th, 2009 with a “quick” two hour work out at Ki Martial Arts Center. Master Piller wasted no time organizing the participating black belts to share an array of striking and locking combinations with all in attendance. After an hour of vigorous exercise, black belts broke off to review important points on the short stick and staff while the color belts forged ahead on joint locking.

Thursday was but a brief warm-up for the special events that were to come on Friday when the 2009 WHA winter camp would officially kick off at the Colorado History Museum. Nine advanced WHA black belts participated in the first ever WHA Instructor certification course. The course was designed by the new WHA Director of Education, Mr. Dante James and overseen by WHA Secretary General, Master Dan Piller. The course began at 8:30 am and went straight through to 3:30 pm with only a brief break for lunch. The course focused on educating the participants to effectively communicate with students and focused on 12 key points:

1. Setting the Mood and Tone of Class
2. Creating a Positive Climate
3. Making Individual Contact
4. Setting Direct Goals
5. Giving Thoughtful Feedback
6. Reinforcing Positive Behavior

7. Giving Realistic Praise
8. Giving Positive Correction
9. Referring to Students by Name
10. Teaching Personal Victory

As the course unfolded, the participants engaged in role playing scenarios utilizing the 12 points to teach a variety of Hap Ki Do techniques and skills. Ultimately, the participants were evaluated through a written exam on the course material as well as a physical review of key WHA core techniques.

The highlight of the certification was a question and answer session with Grand Master Jung in which he discussed his time in Hap Ki Do as well as the future plans for the WHA.

After the instructor certification course ended, Master Jung immediately began a special black belt workout involving short stick and sword work. It was awesome to see so many quality Hap Ki Do black belts training in advanced techniques.

Not to break with the brisk pace of the day, black belt testing began immediately after the black belt work out. The comprehensive exam covered: Striking, Locking, Throwing, Punch and Kick Defense, Flow techniques, Locking combinations, Sparring, Ground Fighting and Weaponry. The participants showed the true spirit of the art with incredible endurance and focus. This was typified in the final moments of the exam when Master Hindley gave a Sword cutting demonstration with laser precision.

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WORLD HAPKIDO ASSOCIATION



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The exam culminated with the participants engaging in a traditional tea ceremony and being awarded their new belts.

Promotions included:

- ☉ Master Hindley, the Oregon State Rep. promoted to 5th Dan
- ☉ Mr. Schenk of Ki Martial Arts promoted to 1st Dan
- ☉ Ms. Rollman of Ki Martial Arts promoted to 1st Dan
- ☉ Mr. Kitch of Ki Martial Arts promoted to 1st Dan

Mr. Ajit. V. Todankar (Jumbo), the WHA National Rep for India was scheduled to test for fourth degree master rank but unfortunately became ill with altitude sickness and had to postpone his exam. This was disappointing extremely for everyone as Master Todankar flew over 19 hours



each way to participate in the event. However, he will be back stronger than ever in the near future.

After the Friday festivities came to a close, the WHA black belts enjoyed a traditional Korean barbeque dinner to celebrate the achievements of the day.

However, the celebration would be short lived as Saturday came very early and saw WHA training at full throttle! Master Jung's agenda for Saturday had participants spend the first few hours working diligently on kick defenses, with each practitioner enjoying a few hundred falls. Fortunately, Ki Martial Arts had provided over a thousand square feet of mats that helped give longevity to the session.

The second half of the seminar consisted of Grand Master Jung working with 2nd Dan and up black belts extensively on sword work, while Master Piller continued to train the 1st Dan black belts and color belts on HapKiDo self-defense tactics.

The day came to a close with Grand Master Jung awarding several special merits. Promoted to International Certified Instructor were:

- Mr. George Paulson (Ki Martial Arts),
- Mr. Scott Kendrick (MDT martial arts),
- Ms. Melissa Fields (Ki Martial Arts),
- Mr. Michael Aloia (Asahi Dojo, WHA PA state Rep, WHA Newsletter Editor),
- Mr. Robert Benedetto (Dragon Star Martial Arts, WHA North East U.S.A. Regional Rep)
- Mr. Dante James (Ki Martial Arts, CO state director, WHA Director of Education),
- Mr. Monty Hendrix (Essential Martial Arts, WHA NC state Rep),
- Mr. Ajit. V. Todankar (India National HKD Assoc. President, WHA India Rep),
- Master Shawn Phillips (Sunshine Coast HapKiDo Club, WHA Western British Columbia Rep),

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WORLD HAPKIDO ASSOCIATION



The Official WHA Member Publication

Master Jeff Hindley (WHA Oregon State Rep),
Master Dan Piller (Ki Martial Arts, WHA Secretary
General)

Additionally, two special World HapKiDo Association appointments were made. Mr. Monty Hendrix from Greensboro, North Carolina was named the WHA NC state Rep and Mr. Dante James from Denver, Colorado was named as the WHA Director of Education.

Capping off the awards, Master Piller and Master Jung presented three winter camp spirit awards and one outstanding dedication award. Black Belts receiving spirit recognition were Mr. Monty Hendrix and Mr. Robert Benedetto. The color belt spirit award was presented to Ms. Christa Taylor. All three recipients received a special WHA gear bag. The outstanding dedication award was presented to Mr. Michael Aloia. An inscribed glass plate was present for his continuous work with the WHA newsletter.



Several camp participants also made the trek to train on Sunday with Master Piller and Master Jung in Carbondale,

Colorado at Pro-TKD of Carbondale where practitioners worked on an array of Hap Ki Do fundamentals.

The 2009 WHA winter camp gave each participant an opportunity to hone and expand their Hap Ki Do skill set. As a refreshing bonus, it was all taught in a family atmosphere that still maintained the intensity in which a traditional self defense art was designed. Additionally, it was nice to see old friendships renewed while many new relationships were fostered that will last for years to come.

The WHA 2009 Summer Camp has now been scheduled for Greensboro, NC on the weekend of August 28th thru 30th. More details will be forthcoming.

-Hap Ki
Monty Hendrix, WHA North Carolina Rep



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WHA Day Two Winter Camp 2009

Recently promoted Grand Master Fuechsel (TKD) hosted day two of the 7th annual Rocky Mountain Ultimate Hapkido Seminar at The Martial Arts Center in Carbondale Colorado.

The day's events opened with a show by the Pro TKD Demonstration team. The participants were warmed up by Mr. Jordan from Pro TKD leading Kimoodo followed by Master James instructing the break fall & circle step portion of the warm up.

All eyes were on Master Jung as he led the seminar first in basic movements related to the circle step then leading into more intricate motions that left the attacker utterly at the mercy of the defender. Key points were constant movement that left the attacker off balance, joint manipulation with assorted take downs and follow ups.

Master Piller followed up with defensive techniques if one finds himself on the ground being attacked. Reversals, choke holds, and off balancing the opponent were all part of the program.

The balance between the black belts of the WHA giving individual attention to the eager students of Pro TKD ensured all had a great learning experience.

The day was topped off with a presentation of the "WHA Honorary Black Belt Award" by Grand Master Jung to Grand Master Fuechsel.

All-in-all it was a great day of learning and martial arts fellowship!

*Mr. Dave Malehorn
Pro-TKD*



WHA Winter Camp 2009 Day Two, Carbondale, CO