

WORLD HAPKIDO

Association

December
2007

newsletter



HAPPY HOLIDAYS! from all of us at the World Hapkido Association



The WHA welcomes the following new members:

Ivan E. Toro Torres New York, NY
Vlado Smiljanic, Croatia
Pedro Candelario New York, NY
Henry Sanchez San Benito, Texas

Attention WHA Charter Members!

The new **WHA Geup Certification Program** goes into effect **January 1st, 2008**. Please contact *Master Piller* for details prior to your next Geup testing.



By Popular Demand!

**WHA 1st Dan DVD
Course I & II
Staff Training**

Featuring Master Jason Jung

Join the WHA forum today. Log onto www.worldhapkido.com.

It's easy and it's free. Hear what members have to say.

Ask questions, state opinions or tell of experiences!

*"To be inspired,
inspire others"*



Information and registration forms
can be found at www.KiMartialArts.com.

Custom designed commemorative T-shirts will be available.

World Hapkido Association Official Newsletter www.worldhapkido.com

Designed & published by **A Creations** Copyright 2007

WORLD HAPKIDO

newsletter

Association

December
2007



Meaning of the WHA Logo

The first two korean letters on the top of the logo are Pronounced as "sae-keh" and means "world" in Korean.

In the shield

is reversed and combined with

세

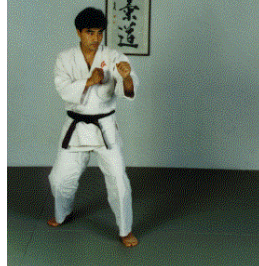
기

creating a symbol resembling a flying eagle, which is the symbolic animal of Hapkido

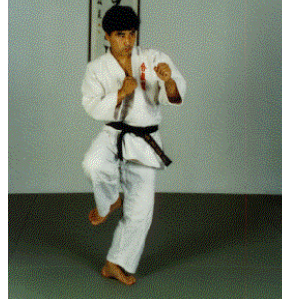


The Eagle of the rising sun (WHA), with the protection of the shield.

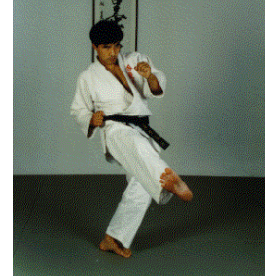
The Sweep Kick begins with a kicking stance. The hips will be turned square while lifting your back knee. Point your knee out to the side.



Raise your knee until your kicking heel reaches your standing knee. Pull your toes back tightly on your kicking foot thereby extending the heel forward towards the target.



The striking area of the foot is exposed when pulling your back tightly and turning the foot to the outside.



SWEEP KICK

WORLD HAPKIDO

December
2007

newsletter

Association



When All Else Fails*

After you have given muscling the technique a try and long after all the herky, jerky sensations your partner has experienced on your account. And hopefully before you begin to tug and pull at your partner's arm, you may want to try and apply some of the principles that make an aikido movement work efficiently. We all need to get it out of our systems. For some it may take longer than others. And sadly for a few select individuals it just never goes away. Thus your partner is left to endure the hardships of bad techniques.

We are all guilty of this situation at one or another. Sometimes it seems like the only way to get through a technique. It can be very frustration and in the grand scheme, does not lend to proper learning. The first thing we need to do is to become aware that we are doing it. Try to relax before beginning a technique. Work on one thing at a time. Move at a slow but steady controlled pace. This will allow for total focus thus being aware of what we are doing. If we run into a section where the technique seems to lack the power we need take the opportunity and find out why. Plowing through with everything you have is not the answer. And your partner may not be very receptive to work with you in the future. If you are not sure, ask the instructor. Your instructor is there to help. By taking the time to work through it is the best remedy to better learning and better performance. So when all else fails – try doing the technique with technique!

- Michael Aloia Asahi Dojo, Pa

We Want to Hear from YOU!
The WHA Newsletter is for the members by the members.

If you have something to say we want to hear it: *events, seminars, testing, promotions, opinions, questions, experiences, photos etc, on and off the mat.*

Want to have your school profiled in an upcoming issue of the **WHA Newsletter**? Send us a bio on the school, instructor(s) and a photo and we will include it.

Please have all submissions in by the 25th of each month.

ORDER TODAY!

Now Available on
DVD

Ultimate Hapkido
with **Master Tae Jung**

only \$59.95



**Articles originally published in Aikido Now*

WORLD HAPKIDO

newsletter

Association

December
2007



History of Hapkido Part II

In the history of Hapkido, a monk Grandmaster SU-SAN taught Hapkido to the monks who were successful in repelling the Japanese invaders during the IN-JIN-WAE-RAN invasion. This was a prime example of Hapkido applied on a grand scale.

In the new CHO-SON dynasty (1392-1910) or YI dynasty as it is often called, the collapse of Buddhism came about and its subsequent replacement by Confucianism... which respects scholarly disciplines and looks down upon physical force or martial arts, brought about the down fall of martial arts. Painting, sculpting, and writing replaced the art of fighting. The country progressively took on an anti-militaristic temperament. By the end of the nineteenth century, martial arts had come to be looked down upon by the Korean citizen, if not completely banned in many regions. Hapkido barely maintained its continuation through individual masters, Buddhist monks and royal families practicing the arts in seclusion. In an attempt to prevent the complete loss of the fighting arts, king JUNG-JO ordered his general LEE-DUK-MOO to compile a book of all the known martial techniques. The book known as MOO-YAE-DO-BO-TONG-JI has many detailed examples of Hapkido techniques recorded within its pages.

The CHO-SON dynasty was brought down by the Japanese in 1910. From 1910 to 1945 the Japanese ruled Korea. Under Japanese rule, all civil liberties were revoked. The Japanese closed many private schools and established their own public schools designed to assimilate Korean youth into the Japanese culture, omitting Korean language and history and stressing Japan's instead.

The martial arts again suffered since the occupying Japanese would not even allow Korean sports, let alone Korean martial arts to be practiced. But as before those dedicated few continued to practice, quietly defying their invading rulers.

In 1945 after Korea regained control of their country, the martial arts once again gained popularity in this defense hungry nation. Hapkido was re-introduced by the man given the title of founder or father of modern day Hapkido, CHOI, YONG-SOOL. Before his death in 1987 Supreme Grandmaster CHOI taught all the Hapkido techniques to a few outstanding students, who in turn took on the task of popularizing Hapkido in modern Korea. Today, one cannot find a single city in Korea without Hapkido schools. All the government organizations, all the military academies and special military units have Hapkido instructors and practitioners totaling over one million already.

Among foreign countries such as USA, Germany, Canada, Spain, Brazil, Argentina, Mexico, China, and France, there is a solid foundation of Hapkido schools that is continuing through the unending dedication of the Hapkido Masters throughout the world.

-from the WHA website



WORLD HAPKIDO

December
2007

newsletter

Association



**2008 WORLD HAPKIDO ASSOCIATION
ROCKY MOUNTAIN ULTIMATE HAPKIDO SEMINAR
& Black Belt Testing**

Featuring WHA President
Master Tae Jung

WHA Black Belt Training & Testing
February 8, 2008
5pm - 8:30pm
Colorado TaeKwondo Studios
Arvada, Colorado
WHA Black Belts are welcome!

2008 WHA Winter Training Camp
February 9, 2008
9am - Noon
Colorado History Museum
1300 Broadway
Denver, Colorado 80203-5600

Cost \$75.00
Space is Limited
R.S.V.P. by Jan 7, 2008

for more information & online registration visit:
www.KIMartialArts.com
303-881-5150

합기도

Limited rooms available **Friday & Saturday, Feb 8th & 9th**
Adams Mark – Downtown Denver - \$109 per night

1550 Court Place, Denver, CO 80202

Toll-Free Reservations: 800-444-ADAM (2326)

Hotel ph: (303) 893-3333 / fax: (303) 626-2542 guest fax: (303) 626-2543

Reservations can be made starting **Dec 5th**. Ask for **WHA** group rate

This hotel is walking distance from the seminar, and we can provide transportation.

World Hapkido Association Official Newsletter www.worldhapkido.com

Designed & published by **A Creations** Copyright 2007

