

WORLD HAPKIDO

December
2008

newsletter

Association



HAPPY HOLIDAYS
from all of us at the
World Hapkido Association!

The WHA welcomes:

Abdel Hafid Roubache
Chez Roubache Harnid,
and **Toghza Chorfa**, from Bouira, Algeria



The World Hapkido Association Winter 2009 Camp
2 Day event– PLUS Black Belt Training Friday, Feb 6th at 5pm

See included flyer & Site seeing info
See you in Colorado!

Transportation will be provided to and from airport, hotels, and events!

Feb 6th - WHA Instructor's Certification Course 8AM - 5 PM (Downtown Denver) Arrive
Thursday, Feb 5th.

WHA Black Belt Workout 5 PM - 6:30 PM

WHA Black Belt Testing 6:30 PM

Feb 7th - Day 1 WHA Winter Training Camp (Downtown Denver) 9 AM - 3:30 PM

Feb 8th - Day 2 WHA Winter Training Camp (PRO-TKD Carbondale) 9AM - Noon
Hotel for Carbondale:

Caravan Inn (available Feb 7th & 8th)

Glenwood Springs, Colorado

2 Queen Beds \$69 (mention WHA when booking to receive this rate)

Limited Rooms available - Book by Nov 15th

800-945-5495



*"You can be the only one to make
the difference in you"*

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Need more Hapkido training?

Visit our web site—www.worldhapikdo.com and check out our **Online Courses!**

Our online training program was established in 2000 due to an overabundance of requests from people who had the desire to study but could not, because they were unable to locate a training center in their area.

Offering a multitude of courses as well as certification programs that uphold the high quality standards of the World Hapkido Association, our online courses provide the opportunity for anyone to study Hapkido anywhere in the world.

We Want to Hear from YOU!
The WHA Newsletter is for the members by the members.

If you have something to say we want to hear it: *events, seminars, testing, promotions, opinions, questions, experiences, photos etc, on and off the mat.*

Want to have your school profiled in an upcoming issue of the **WHA Newsletter**? Send us a bio on the school, instructor(s) and a photo and we will include it.

Please have all submissions in by the 25th of each month.

Now Available on DVD
Ultimate Hapkido
with **Master Tae Jung**
only \$59.95



NOW AVAILABLE
WHA DVD
Courses I & II & III
Complete Staff Training
Featuring Master Jason Jung
\$49.95 + 5.95 s/h

Join the WHA forum today. Log onto www.worldhapkido.com. It's easy and it's free. Hear what members have to say. Ask questions, state opinions or tell of experiences!

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Have You Found Your Own Individual Path?*

We are all drawn to something – something that intrigues us, captivates us, motivates and inspires us. It is that special something that makes getting out of bed worth doing. That certain something that washes away all the clutter in our daily routines. We make great efforts to engage in that special something whenever we can. That special something can make the difference in how we feel, how we act, how we think, we relate to others.

For those of us at the dojang, hapkido is that special something. And with it brings the individual's need to find their own way. Hapkido sets us on a path but it does not tell us which way to go. Hapkido gives us direction but it is the student who chooses the path. Some will choose a physical one while others a spiritual endeavor. And some dwell in both. Some will attempt to imitate those who came before and some will venture to stand on their own. Many will find the path too difficult and a few will press on as the road becomes more challenging.

Hapkido offers us a foundation to build upon - a foundation that transcends from the training mat and into everyday life. "Hapkido is but a stone thrown into a pond. We – the students – are the ripples". And each ripple makes its own way out. Hapkido is our center, but the road we take is our own individual path.

Walk your individual path and you may find that you light the way for others to do the same.

-Michael Aloia Asahi Dojo, PA

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The WHA Around the World

JSRTC, an established Taekwondo Academy in Mumbai, India organized a three day seminar/camp for demonstration covering a variety self defense techniques.



Master Ajit "Jumbo" Todankar, President of India National Hapkido Association and WHA National Rep for India, was invited to performed several core and advanced techniques as defined in the Korean art of Hapkido



Master Jumbo demonstrated a handful of wrist grabs releases, punch defenses and several bear hug defensive maneuvers to the attending participants.

Observers, as well as many of the Master's students, were greatly impressed by discovering what Hapkido Techniques could do when applied correctly and efficiently. Everyone conveyed a keen interest in learning more Hapkido techniques and pursuing the many facets of the art..



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WORLD HAPKIDO ASSOCIATION



합기도



The 2009 WHA Winter Training Camp
2 Days/2 Locations - Denver & Carbondale
Also
WHA Black Belt Training & Testing

Come To One or Both Days!!!
Denver - Saturday, Feb 7th &
Pro-TKD Carbondale (Near Aspen) - Sunday, Feb 8th

The 7th Annual WHA Winter Training Camp
Denver Feb 7th, 9 AM— 3:30 PM
Carbondale Feb 8th, 9 AM—Noon

International WHA Black Belt Training
Denver Feb 6th 5 - 6:30 PM
WHA Black Belt Testing 6:30 PM

All WHA Black Belts are welcome
Black Belt Testing to follow the training

Preregister - \$85
Space is limited! RSVP By Jan 7, 2008!
Register Online at www.KiMartialArts.com or
303-881-5150

Denver Location:
COLORADO HISTORY MUSEUM
1300 BROADWAY
DENVER, CO 80203 - 5600

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A Chance to see the Sites of Colorado!

Discover Glenwood Springs, Colorado, and Soak It All In

Glenwood Springs has the world's largest **hot springs** swimming pool, and our setting at the confluence of the **Roaring Fork River** and the **Colorado River** make us a natural fit for year-round fun. Our local ski area, **Sunlight Mountain Resort** caters to all abilities-- as do our **raft guides**. Perhaps our town is best viewed from the **Glenwood Caverns Adventure Park**, at the top of the Iron Mountain Tram. Experience Glenwood Springs through activities on **earth, air, water** and **snow**. Visit our **natural wonders** and take in our **creature comforts**. Come to Glenwood Springs, Colorado, and soak it all in.

Feel the Wonder

As one of the top attractions in Colorado, Glenwood Hot Springs Pool is on the hot list of adventures. Soothe your muscles after strenuous outdoor activities any time of year. The pool is always kept at a comfortable 90°-93° F and the therapy pool averages about 104° F. Treat aggravated joints and dehydrated skin with all-natural, therapeutic minerals. You will feel the difference throughout your body within minutes of stepping in. Then jump into the big pool that spans over two city blocks and "cool down." Swim laps in the deep end, practice your form in the diving pool, hit the water slides, putt around the mini golf course, or frolic in the kiddie pool: rafts, floats, masks, snorkels and foam discs or balls are all welcome. Just keep reminding yourself... feeling this relaxed is fun!

<http://www.glenwoodchamber.com/>

<http://www.hotspringspool.com/x.php?p=thePool>



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DOES BEING A BLACK BELT MAKE YOU QUALIFIED TO BE AN INSTRUCTOR?

First, and as always, these thoughts are offered to create discussion. Maybe it can be a discussion that finds its way to the WHA discussion board or your dojang. Anymore, the definition of Black Belt has evolved over time and we need to evaluate its definition before we answer the question. Every organization has a definition (usually unspoken) of what a Black Belt should be based on its requirements. I would argue that THAT is the answer. Anyone who meets the requirements of their organization of choice should be able to wear the belt. There are so many differences that just looking at the belt anymore tells people nothing. You have to ask what style, what organization, how long have you been training, who is your instructor, etc. to know what their belt means.

There are three levels of training one goes through on the journey: MuSul, MuYe and MuDo. The student begins with *MuSul*-martial technique. All s/he focuses on is getting the techniques correct. Repetition sufficient that when the student tests, the belt they take off is not still so stiff it stands up by itself. It is an understanding of themselves and their art on a very physical level.

MuYe-martial art. At some point the techniques begin to flow, the student feels them, they work without effort or thought, and the student has integrated the techniques into their movements. New techniques are not so new because all of the mechanics, physics, physiology, etc. have woven themselves into the student and techniques become different ways of doing something already done (think 3rd Dan).

MuDo-Martial Way. Your art is no longer something different than you. You are your art, your art is you. You live your life and everything can be equated in some way with the philosophy of the art you study, in conjunction with or apart from any belief system of God or the universe.

Can a WHA 1st or 2nd Dan teach? They can absolutely teach the fundamentals of the art. Can they teach the intricacies and depth of technique that someone with 10 or 20 years in martial arts can? Of course not. Does that mean they should not teach? Again, no. But too many Black Belts end their journey at this point. They end their journey as a student, and become solely instructors. I describe this as babies having babies as they create new Black Belts. You will not see this in the WHA as the standards are maintained and Black Belt testings are done at national events overseen by the seniors in the organization. Additionally, the WHA is completing an instructor's course to insure the passing on of correct knowledge in a professional manner which will include requirements of rank and competence to become a certified WHA Instructor.

So, back to my original question; does being a Black Belt make someone qualified to be an instructor. Better yet, what is important to being a WHA Instructor. Certainly being able to demonstrate and understand the techniques required in the curriculum with effectiveness, and pass the requirements of the Instructor Certification Course. However, it would also include practice and teaching with a mindset of, and understanding that s/he is teaching an art which has as its essence two things, development of the self through the medium of one's hands and feet, AND the mindset to be able to hurt someone if you need to with the understanding of the mechanics, ethics and legal ramifications of doing so. That's the Black Belt who I would like as my instructor. How about you?

Dante J. James, Esq.
WHA Colorado State Representative