

# WORLD HAPKIDO

newsletter

Association

June  
2007



## 2007 East Coast Championships!

This year's championships will be held **June 2, 2007**, hosted by **Mosley TKD** at **East Ridge High School 13322 Excalibur Road, Clermont, Florida 34711**. Clermont is located approximately 15 minutes from downtown Orlando. This is the same comfortable venue we had last year and we are looking forward to another exciting competition!

*"Power is nothing without control"*

**2007**

**Florida State Taekwon-Do Championships & East Coast Pro-Hapkido Championship**

**Saturday June 2, 2007**  
**East Ridge High School**  
**13322 Excalibur Road**  
**Clermont, FL 34711**  
General Admission: \$5  
Children under 10: \$3  
Opening Ceremony  
**10:00 a.m.**

**"ITF Style"**  
**"CH'ANG-HON"**  
Patterns  
Sparring  
Demo Team  
Competition  
&  
Pro-Hapkido  
Sparring

For more info log on to: [www.MosleyTaekwondoUSA.com](http://www.MosleyTaekwondoUSA.com)  
(407) 291-3444 or [MosleyTKD@aol.com](mailto:MosleyTKD@aol.com)

### Announcement from Master Jung: *Official Representative for the WHA*

**Charter Members**, if you are interested in being the official representative for the WHA in your city or state please plan to attend this year's training camp in August. The new appointments will be announced at the end of our training sections.

### Congrats to Master Phillips

I'm please to announce that Master Jung has accepted my recommendation to appoint **Master Shawn Phillips** as the WHA Representative for Western British Columbia, Canada. Not only is Master Phillips a great Hapkido teacher with excellent skill and years of experience, but he also has a plan to help grow Hapkido in his area and throughout the north-west region of Canada. Please join me in congratulating him and wish him well on his new journey.

Hapki,  
**D. Piller**  
**Sr. Executive Director**

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**ORDER  
TODAY!**

Now Available on  
**DVD**  
Ultimate Hapkido  
with Master Tae Jung  
only \$59.95



**Hapkido's philosophy** is based on the principles of Um—Yang. Rather than opposing force with force, a student of Hapkido accepts and redirect the opponent's force, using it to defeat him. Circular, fluid movement, rather than linear movement, is used for techniques.

## Hwa

### *"The Non-Resistance or Harmony Principle"*

Hwa is one of the hardest principles for the Hapkido student to learn, and one of the most important. Working with an opponent and using their strength is a tough skill to acquire. In Hapkido we push when pulled and pull when pushed, using our opponent's energy to our advantage. "Going with the flow" helps conserve energy and enables the Hapkidoists to overcome much larger attackers.

In Hapkido, we must first have harmony with ourselves, then with the people and world around us. Working together can solve many problems before they get out of control. But when faced with attack, the true Hapkido practitioner reacts by instinct, not through conscious thought. If one has to think about how to react, it is too late. This is why we practice our techniques over and over again. Merely knowing how to use a particular technique is not good enough, Hapkido techniques must be practiced until they are second nature or an automatic reaction.

The epitome of non-resistance and harmony is the sacrifice throw, letting the opponent provide the energy and direction to throw himself.



September 22<sup>nd</sup> and 23<sup>rd</sup>

Itu – Sao Paulo - Brazil

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**INHA**—*Indian National Hapkido Association*, conducted its **1st Ultimate Hapkido Summer Camp** held in Palghar-Maharashtra, India from May 2nd until May 6, 2007. This event was overseen by **Master Ajit "Jumbo" Todankar**

This five day camp brought out over 70 students participated in this camp. Each day consisted of more than 8 hours of intense training. Daily camp training included, rolling and falling, basic punch & kick defense techniques, along with throws defenses against various body grabs, locks & strikes against wrist grabbing and the black belts were treated to an array of knife defenses.



Pro Hapkido was introduced to the participants with great success.

Daily Danjun breathing was also included in the training sessions.

Master Jumbo also gave in depth theoretical knowledge about Hapkido & Danjun breathing based on his years of training



On the last day, the camp concluded with cultural activities by all students.

***We Want to Hear from YOU!***  
***The WHA Newsletter is for the members by the members.***

If you have something to say we want to hear it: *events, seminars, testing, promotions, opinions, questions, experiences, photos etc, on and off the mat.*

Want to have your school profiled in an upcoming issue of the **WHA Newsletter**? Send us a bio on the school, instructor(s) and a photo and we will include it.

## **Concept vs. Technique\***

Concepts are but ideas - thought patterns ones goes thru to determine a course of training.

It is not until we put those concepts into reality - our training - does it become technique. That is not to say that technique is purely a physically thing - it can be mental, emotional and spiritual. But it is not until the concept becomes part of what we do is it considered a technique.

Once it becomes technique then it can be applied to everything we do - on and off the mat. No matter how big or small - it all has a great impact on what we do and how we choose to do it.

*\*Articles originally published in Aikido Now*

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**The color of the belts** used in **Hapkido** is by no means merely some random selection of colors to distinguish the different ranks. Such advancement signifies not only growth within the dojang (training hall), but also that of positive character and personal development by the student outside of the dojang. This interpretation of the belt colors symbolizes the growth and development of all things in nature, such as a seed grows with earth, water and air into a tree, so does the martial art student gain knowledge, skill and understanding to become a master of his or her own destiny.

**White** signifies a birth, or beginning, of a seed. A white belt student is a beginner searching for knowledge of the Art.

**Yellow** signifies the first beam of sunlight which shines upon the seed giving it new strength with the beginning of new life. A yellow belt student is given his/her first ray of knowledge, opening his/her mind with help from an instructor.

**Green** signifies the growth of the seed as it sprouts from the earth reaching toward the sun and begins to grow into a plant. A green belt student learns to further develop and refine his/her techniques.

**Blue** signifies the blue sky as the plant continues to grow toward it. A blue belt student moves up higher in rank just as the plant grows taller. The light feeds the plant so it can continue to grow. The student is fed additional knowledge of the Art in order for his/her body and mind continue to grow and develop.

**Brown** signifies the intense heat of the Sun as the plant continues growing toward it. A brown belt student is higher in rank (Senior Student). They acquire more detailed knowledge and, just as the plant grows strong and slowly toward the Sun, so the brown belt student learns to be more vigilant as their knowledge and physical abilities increase.

**Red** signifies the red-hot heat of the Sun as the plant continues growing toward it. A red belt student is higher in rank, he/she acquires more detailed knowledge and, just as the plant grows slowly toward the Sun, so the red belt student learns to be more cautious as his/her knowledge and physical abilities increase.

**Black** signifies the darkness beyond the Sun. A black belt seeks new knowledge of the Art. As he/she begins to teach others, he/she begins planting new seeds, his/her students, many of which will take root deep into the Art, blossom and grow through the ranks in a never-ending process of self-growth, knowledge, and enlightenment.

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**August 10 – 12  
Sunriver Resort  
Bend, OR**



Master Jung standing next to his teacher Grand Master Hwang I. S.

The beautiful central Oregon town of Bend, Oregon will provide the backdrop for the 2007 Annual Hapkido Summer Camp sponsored by the **World Hapkido Association**.

GM Hwang and President Jung, 8<sup>th</sup> Dan will be on hand to instruct seminar participants in the Korean self-defense art of Hapkido. Training will include lectures on martial-arts philosophy, tanjun breathing, body grab defense, kick and punch defense, grappling, weapons training and introductions to WHA Pro-Hapkido sparring.

Attendees can expect to train with martial-artists from all over the world with no ego or rank expectations. Just hard training, relaxation and fellowship with great people in a family atmosphere with which the WHA is known for.



**!! Don't miss out on this opportunity !!**

\$320 \_\_ WHA Member (Price includes Breakfast, Seminar, Lodging, 2 T-shirts)  
\$350 \_\_ Non-WHA Member

Name \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ City / State / Zip \_\_\_\_\_

E-mail Address \_\_\_\_\_ Phone Number \_\_\_\_\_

School Name \_\_\_\_\_ Rank \_\_\_\_\_

T-Shirt Size: S \_\_ M \_\_ L \_\_ XL \_\_ XXL \_\_

**! RSVP By July 1, 2007 – Space is Limited !**

**Go to: [www.worldhapkido.com](http://www.worldhapkido.com) for Online Registration Information**

!! Call Master Jeff Hindley, Oregon State Rep. @ (503) 330-5200 for questions or inquiries !!

**MAKE THIS SUMMER A TRAINING SUMMER**

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## Flight Arrangements

The Seminar will begin at 6:30 pm Friday evening. With this in mind, considering drive time, it is suggested that you arrive in Portland on Friday, (August 10) no later than 1:00 pm. This will afford you plenty of time to make it to Sunriver with plenty of time to spare, to check in and be prepared for the evening training.

\*The Portland International Airport is the most convenient airport to fly into for Summer Camp\*

## From Portland Airport (PDX)

Approximate driving time from Portland Airport to Sunriver Resort: 3 hours, 30 minutes

1. Exit Airport and take I-205 Southbound to I-84 Eastbound
2. Take Exit 16 (Wood Village exit) Southbound towards Gresham
3. Follow signs for US 26 Eastbound
4. Continue on US 26 East approximately 101 miles to Madras, where US 26 merges with US 97
5. Continue on US 97 Southbound approximately 50 miles through Redmond and Bend and continue for approximately 15 miles from southernmost Bend City limits and turn west (right) to Sunriver at sign
6. At large "Sunriver" sign, bear right and follow signs to the Resort

If you are planning on arriving Thursday evening, here a few lodging suggestions that you may be able to follow people from to Sunriver. Of course, you may make your own way there as well and the directions provided are quite simple from PDX.

## Residence Inn – Marriott – Portland West/Hillsboro

18855 NW Tanasbourne Dr.  
Hillsboro, OR 97124

Direct Number: 1-503-531-3200 / Reservations: 1-800-331-3131

\$109 per night – single occupancy (sleeps 2 or 3) – other room options available!

(Carpool will leave with GM Hwang and Master Jung from this Hotel Friday morning @ 11:00)

## Best Western – Cornelius

3933 Pacific Ave.  
Forest Grove, OR 97116

Direct Number: 1-503-992-8888 / Reservations: 1-800-780-7234

\$89.95 single occupancy (sleeps 2) – other room options available!

Send registration forms to

**Jeff Hindley**

c/o Korean Martial Arts Academy  
2900 SW Cornelius Pass Rd. #114  
Hillsboro, OR 97124

registration forms online @  
[www.worldhapkido.com](http://www.worldhapkido.com)

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