

# WORLD HAPKIDO

Association

May  
2008

newsletter



## Welcome New WHA Members:

**Evan Johnston** from Thousand Oaks, CA  
**Jonathan Rosado-Medina** from Caguas, Puerto Rico  
**Hector Mimica** from Chile  
**Kelly L. Mehrer** from Apex, NC  
**Anthony Cammarano** from Staten Island, NY  
**Tristan Fernandes** from the United Arab  
**Gene Banks** from Chicago, IL  
**Misael Aviles Rebollar** from Burlington, NC  
**Lucas Johnston** from Simi Valley, CA  
**Rhonda Johnston** from Simi Valley, CA  
**Tony Shaw** from Kent, UK



## WHA World News

**Congratulations to Mr. Aubrey Lawton** (New Jersey) & **Charlie Robinson** (Florida) on a job well done during their **Black Belt test on Friday, April 18, 2008.**

**Congratulations to George Paulson** of Ki Martial Arts Centers – **2008 Pro-Hapkido Grand champion, April 26<sup>th</sup> Ventura CA**

**Summer Camp update** – The response to the year's camp has been great! The only issue is that the Crown Plaza is quickly running out of hotel rooms in our block and can not be guaranteed any extras at the discounted price. The going rate for this time of year is \$198 - \$249 per night; we have rooms held for \$139 plus tax! If you are thinking of attending this year's camp book your room ASAP!. *See included flyer.*

**The official WHA Dobok** – The first ever custom made and official WHA uniform is now available. These are custom made uniforms that take 2 -3 months to arrive. The first order will be placed on May 23<sup>rd</sup>, so get your orders in now to ensure you get one before the summer camp. The introductory price is \$75 + 12.95 shipping. Charter members, please contact me about quantity pricing for your students. Sizes are in centimeters. Please use the guide on the order form, however keep in mind that a 190.5cm dobok is about a size 6, and fits me at 5'9". *Orders are due no later then May 15<sup>th</sup>. See official guidelines and order form in this issue.*



*"only you can  
make the difference"*

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## The Warrior Manifesto Part I by Master Jeff Hindley

A warrior above all is **Brave**. He understands that bravery is not the absence of fear; instead it is the mastery of fear that truly makes one brave. His bravery is consoling to those around him because *their* faith is strengthened because of this. However, his bravery is not just against that would do him physical harm, but for all that he truly fears.

A warrior is also **Righteous**. He understands that right and honorable living is paramount to being successful in the social world. He knows that historically, nothing was more loathsome to warriors of old than crooked dealings and immoral living. Consequently, he strives to be just and honorable. He further understands that righteousness is not just about your actions but about your thinking. For he knows that all actions are preceded by a thought, and corrupt thinking leads to corrupt actions.

A warrior is also **Truthful**. He knows that his word is his bond and that others find comfort in his truthfulness because they always know where they stand. He knows his truthfulness instills loyalty in those around him and solidifies relationships that are useful and supportive to him.

The warrior is also **Confident**. He exudes confidence but never arrogance. Indeed, they are exact opposites if we get down to the root of each. His confidence is reflected in how he carries himself. He has an energy about him that most would choose to not challenge. More importantly, his confidence, again, is not just the physical ... more so, it is a confidence that radiates through his whole life and in everything that he does. But he is careful to not be over-confident, for should his confidence lead to arrogance, discord will enter his mind and defeat and failures are sure to be his burden.

The warrior also has **Presence**. It is similar to confidence yet it has nuances to it that confidence cannot fill. He is someone that can be picked out of a crowd. But he is not the center of attention mind you. In fact, the warrior typically does not want attention drawn to him. Everything in their training should reflect this. It is positive and it radiates from him. It draws people to them. They command the environment in which they find themselves.

The warrior also understands the importance of **Wellness**. He understands that healthy living is paramount to the constant readiness a warrior needs. He knows that this healthy living is reflected in taking care of himself physically. However, more importantly, it is mental, social and spiritual health. The warrior understands that they can draw great strength and steadfastness of spirit through their faith. They also understand that mental clarity and healthy social outlets are figural in maintaining equilibrium in their life. Because of his balanced mental health, the warrior is skilled in compartmentalizing his thoughts and feelings and thus knows when to walk away and look at things in a different perspective. It is important for the warrior to not be too burdened by any one stressor. But again, consequently, due to his focus on wellness, has many outlets in which to remedy this.

The warrior is always aware of the need for adequate **Exercise**. Indeed, early on in their training, there may be nothing more important. Even in his old age, he understands that activity, training and "being on the mat" is not something to be substituted. Even injuries should not stop the warrior from training. Consequently, his training becomes smarter rather than harder as he gets older. More importantly, he becomes skilled in understanding how to exercise properly in order to manifest the goals that he is setting for himself. The warrior knows that part of being a warrior is being prepared to physically act should the need arise and he is always preparing his body for this.

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## WHA Official Do-Bok Requirements

The following are the official requirements for uniforms/Do-boks to be worn at WHA & Pro-Hapkido events

### Colored belts (Geup ranks) shall wear

- an all white official WHA uniform
- School/Do Jang patch maybe affixed to sleeves or right lapel
- WHA patch may be affixed to sleeves or right lapel
- Country patch may be affixed to sleeves or right lapel

**1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Dan Black Belts** shall wear an all white official WHA uniform with rank stripe embroidered on sleeve or shoulder

- Blue competition uniform may be used at instructor's discretion
- All above mention patch options allowed

***We Want to Hear from YOU!***  
***The WHA Newsletter is for the members by the members.***

If you have something to say we want to hear it: *events, seminars, testing, promotions, opinions, questions, experiences, photos etc, on and off the mat.*

Want to have your school profiled in an upcoming issue of the **WHA Newsletter**? Send us a bio on the school, instructor(s) and a photo and we will include it.

Please have all submissions in by the 25th of each month.

**Join the WHA forum today.** Log onto [www.worldhapkido.com](http://www.worldhapkido.com). It's easy and it's free. Hear what members have to say. Ask questions, state opinions or tell of experiences!



**NOW AVAILABLE**  
**WHA DVD**  
**Courses I & II & III**  
**Complete Staff Training**  
*Featuring Master Jason Jung*  
\$49.95 + 5.95 s/h

**Now Available on DVD**  
**Ultimate Hapkido**  
with **Master Tae Jung**  
only \$59.95



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## Mosley's Martial Arts - WHA Seminar—by Aubrey Lawton

**A wonderful experience is what the World Hapkido Association is all about.**

Mosely's Tae Kwon Do / Hapkido in Orlando Florida held a World Hapkido Association seminar with Master Dan Piller, Secretary General, conducted the seminar.

Mosely's Tae Kwon Do is located in sunny Orlando, Florida. The school provides instruction in Hapkido and Tae Kwon Do in a warm family like atmosphere. This is the same approach to teaching Hapkido that the WHA promotes.

Master Piller presented a thorough, detailed seminar around Hapkido's use of circular principles. If you have been a student of traditional martial arts you have heard the term "circular movement", but how many times have you really found master instructors who could show how the principle applies to a martial technique? Master Piller can, and did just that.

Master Piller began the seminar with a series of warm up drills demonstrating the circle step patterns used in Hapkido movements. He provided an in depth discussion on the effect of each added circular movement during a Hapkido technique such as the turning break. The drill and the explanations were presented in a way that all belt levels could understand and clearly see the benefits of the stepping drills.

Next it was on to rolling and break falls and once again the entire group was given insight into what it means to roll into an unexpected fall. The benefit of controlling the body and landing into a soft round fall was demonstrated.

*Continued on page 5*



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## Mosley Seminar—continued from page 4

Then it was on to a series of drills combining circular stepping and basic Hapkido defense movements into flow patterns.

- The Arm Bar Flow Pattern
- The Hand Lock Flow Pattern
- The Knife Hand Arm Bar Flow Pattern
- The Turning Break Flow Pattern

Again the drills and Master Piller's instructions were concepts that could be understood by all belt levels.

I have attended many seminars and most instructors would have been content to stop there. But it seemed the Master Piller was just getting warmed up. Next the group was given instruction into the WHA approach to an important and often neglected subject, the defense of others.

Master Piller gave the seminar attendees a view of the core principles of the techniques and then four basic drills or skill sets to practice.

- Same side wrist grab defense of a partner .
- Cross wrist grab defense of a partner.
- Label grab defense of a partner.
- Defense of a partner from the opponents rear.
- Punch defense for a partner.

Next came instruction into the WHA approach to ground defense. Master Piller was careful to note the major difference between *Ground Defense* and competitive *Ground Grappling*. The practical escapes and defense technique taught in the WHA training material was reviewed and practiced by the entire group.

Master Piller led the group through a series of ground movement drills. Next the group was shown how the drills are applied to Hapkido ground defense techniques.

Master Piller wrapped up the seminar by taking the advanced group through a Jang Bong work out covering the first basic techniques of the WHA Jang Bong course.

It is safe to say that by the end of this seminar our "cups" were full.

There are many martial art associations and organizations that present training seminars and instruction, but I can say that I have encountered few that give so much to their members. From G.M Hwang I.S and Master Jung through Master Piller and Chief Instructors like Master's Dan Mosely and Sandy Mosely the WHA is a great program. Membership in the WHA is been a rewarding experience I recommend to any serious student of Hapkido.



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## Join us for the World Hapkido Association's 2008 Summer Training Camp

Ventura, California  
August 8th—10th, 2008

**All new format!!!**

Not only will you learn techniques, philosophy, and the power of Ki from Grand Masters Hwang & Jung, but you will also enjoy special small group classes with WHA Master Instructors from all over the US and around the world!

World Hapkido Association



### **Topics covered:**

(Subject to change)

- Advanced Knife Defense
- Advanced Ground Sparring
- Long Staff Drills & Sparring
- Belt & Towel Defense
- Defense of Others
- Street Survival Tactics

**This year will be our best yet!!!**

**Reserve your spot today!!!**

**For more details & Registration visit**

**<http://www.kimartialarts.com/WHASummerCamp08FlyerB.pdf>**

World Hapkido Association  
C/O D. Piller  
19722 E. Villanova Pl  
Aurora, CO 80013

Register before June 15th  
and receive a  
Free Limited Addition  
08 Camp T-shirt

**Hotel Reservations:** <http://www.ichotelsgroup.com:80/h/d/cp/1/en/cwshome/DPRD-7CXMJT/VNTCA>

**More Camp info:** <http://www.kimartialarts.com/WHASummerCamp08FlyerB.pdf>

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## WHA Do-bok / Uniform Order Form

Name

Street Address

City

State

Zip Code

Phone Number

School

Rank

Email

Size  cm    How Many

## Payment Information

Do-bok - \$75.00                      Shipping - \$12.95 (\$6.95 each additional)

Totals: Do-bok \$                      Shipping \$                      Payment Amount \$

Check/Money order amount \_\_\_\_\_

Visa/Master Card number \_\_\_\_\_

Exp date \_\_\_\_\_ CVV or CVC (digits from card back) \_\_\_\_\_

Card holder's name \_\_\_\_\_

Charge authorization / Signature \_\_\_\_\_ date \_\_\_\_\_

Imperial	Metric (cm)
5'	152.5
5'1"	155
5'2"	157.5
5'3"	160
5'4"	162.5
5'5"	165
5'6"	167.5
5'7"	170
5'8"	172.5
5'9"	175
5'10"	177.5
5'11"	180
6'	183
6'1"	185.5
6'2"	188
6'3"	190.5 = size 6

**Please confirm size prior to ordering. No refunds or exchanges available.**  
**Custom made uniforms, please allow 90 days for shipping.**

**Please mail order form to:**  
**Master D. Piller**  
**19722 E. Villanova Pl.**  
**Aurora, CO 80013**

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