

What's Inside:

- *Great Articles*
- *WHA Seminar Flyers*

The WHA Welcomes:

Ryan Doherty from Geelong, Australia
Cristian Popescu from Bucharest, Romania
Dave Shapiro from Goshen, New York
Matthew Elam from Kapolei, Hawaii
Daniel Edgar from Highland Village, Texas

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WHA First European Summer Camp 2011 (Austria)

From the 5th to the 7th of August the Austrian Hapkido Association (Oesterreichischer Hapkido Bund) had the great pleasure and honour to welcome GM Tae Jung and Master Dan Piller to Austria as the instructors for the Ultimate WHA Summer Camp, which was the first of its kind to take place in Europe.

For the majority of us this was the third encounter with Master Piller and the first/second one with GM



Jung and was, as the ones before, not only most instructive but also a pleasant reunion with our Hapkido family from the US. The weekend was not only very intensive (altogether, in two days we spent 11 hours on the mat) but also very varied as regards the great social program after the training sessions. On Friday afternoon, we started training at 2 pm and left the Dojang four hours later for a fantastic dinner at a Korean Restaurant in the heart of Salzburg's town centre. The food was delicious (sometimes a bit spicy) and the atmosphere was extremely good and harmonic - and this was not only due to the Soju, the Korean type of Vodka :-).

On Saturday we started the training sessions at 9 am and finished off at 6 pm in order to get ready for a yet again fantastic dinner at the well-... *continued on page 4*

WHA HATS



On Sale Now \$15.00 + shipping
www.worldhapkido.com

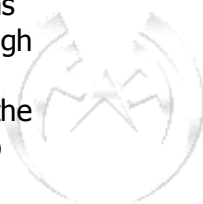


Need more Hapkido training?

Visit our web site www.worldhapikdo.com and check out our **Online Courses!**

Our online training program was established in 2000 due to an overabundance of requests from people who had the desire to study but could not, because they were unable to locate a training center in their area.

Offering a multitude of courses as well as certification programs that uphold the high quality standards of the World Hapkido Association, our online courses provide the opportunity for anyone to study Hapkido anywhere in the world.



**We Want to Hear from YOU!
The WHA Newsletter is for the members by the members.**

If you have something to say we want to hear it: *events, seminars, testing, promotions, opinions, questions, experiences, photos etc, on and off the mat.*

Want to have your school profiled in an upcoming issue of the **WHA Newsletter**? Send us a bio on the school, instructor(s) and a photo and we will include it.

Submissions are due the 21st of the month.

AVAILABLE on DVD



Ultimate Hapkido
with Master Tae Jung
only \$59.95 + \$5.95 s/h

**Courses I & II & III
Complete Staff Training**
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Join us at:

<http://www.facebook.com/pages/World-Hapkido-Association/125484383047>



**TEACHER AND STUDENT:
WHO IS IN CHARGE?**

This question might seem to have an easy answer. Of course the instructor is in charge, but in charge of what; classroom etiquette, discipline, curriculum, etc. However, when it comes to learning, both are in charge of the same thing, the learning that the student receives, or wants to receive. Teaching can be a one way street, e.g., teaching without concern with whether the student learns. Teaching can also be best accomplished when both individuals, teacher and student, are responsible for the learning environment. An excellent teacher is only 50% of the equation, the other 50% is the student and his/her desire to learn and practice. Desire without practice is no better than a race car with no wheels, lots of engine but no way to test it and improve it.

Now comes the next question, what kind of learner are you; Visual, Tactile or Auditory? Do you learn by seeing a technique done, do you learn by feeling how it is done, do you learn by having it explained to you, or some combination of all? The teacher must recognize the different kind of learners, and be able to express techniques in each way. The teacher will explain the technique

(Auditory), demonstrate the technique, (Visual) probably explain it again, then have students practice (Tactile). During the practice, the teacher is moving about the room adjusting body/hand/foot position (tactile) and making comments and positive corrections. The student is in charge of learning and practicing, without ego, without frustration and with an open mind which places trust in the teacher to know what is best.

The concept of trust is an important part of the teacher/student relationship. It is one which many teachers don't realize exists. The absolute trust that is placed in them by a student allows the teacher to be in charge. It is a sacred trust that has existed for centuries and makes the martial arts unique. Yes, there is trust between the tennis coach and player or the soccer coach and player. However a trust based on learning something that can be dangerous or even fatal, as well as gaining insights about oneself, is a special kind of trust. It is in this environment that life-long relationships are forged, and the teacher and student realize that they have both been in charge.

*Dante J. James, Esq.
World Hapkido Association
Director of Education*



WHA European Camp *continued*

renowned restaurant "Stiegl Keller", which is situated at the foot of Salzburg's imposing fortress and also famous for its breathtaking view over the town centre. Some of us, who did not feel quite that tired, went on for some drinks later on, while others prepared themselves for climbing the mountain "Untersberg" the following morning, just before the weekend officially ended.



While the main focus of the training session on Friday lay on joint locks, the various ways of finishing a technique and the defence against kicks, we spent Saturday morning on take-downs and holds, just before some of us went on to rope techniques while others worked with the long staff.



Apart from the physical techniques, GM Jung also explained some of the philosophical and mental aspects of Hapkido, emphasized the importance of the three principles, the Ki-flow and also worked with some of us on breathing techniques. In addition to that, we had also a lot of time to ask questions.



The whole weekend was not only a great event but also a yet again fulfilling Hapkido family reunion and we hope that we can redo this as soon as possible. We are looking forward to the next WHA event.



HAP-KI!



Mindset*

Regardless of your path, challenges exist, on many levels, for beginner to advanced, for teacher to student, for you and for me. With each challenge also comes discovery. That discovery leads to a world of knowledge and that knowledge will ultimately tell us about ourselves. As we learn more about what makes us tick, we learn how it is we choose to respond to the challenges we are confronted with each day. This is the need for the right mindset.

To understand a need for a mindset, one must understand the steps needed to achieve such a mindset. To simply indoctrinate a set of beliefs, practices and skills to your being is not an overnight affair. Mindset is often an accumulation of collective interactions and experiences- good, bad or otherwise. In some cases mindset is not even a matter of choice but a matter of existence given the criteria some individuals are confronted and deal with throughout their lives.

Mindset can be a code for living or a code for dying - it is all a matter of perspective and choice.

Mindset can be regarded as a daily internal operational manual where a series of checks and balances are continually working providing the individual with information and assurance that what they are doing at that moment is in their highest benefit. Mindset calls to mind countless stories of people who have weathered horrific situations and survived the unthinkable. Many claim to have been able to pull through simply by believing they could. The belief is then often fueled by the hope they carry with them of seeing a loved one again, visiting their favorite place or even the promise of fulfilling a long time dream. Though these stories depict the human condition in its most trialed times, it also represents a mindset that is unstoppable - making what seems impossible, such as survival in the most dire of circumstances, simply possible.



Thankfully, a vast majority of us are not confronted with a 'turn for the worse' sort of life. In actuality, the percentage of individuals faced with extreme trial and tribulation is relatively small considering the world's population and the amount of chaos that exists. However, what it does say is that when faced with challenge, we are up to the task and through the mindset that we keep, miracles, life altering change, is possible. What it also teaches us is that if the mind can continue to find solutions a mist the worst of times then it is more than capable of servicing us well during our everyday affairs. This means with a mindset that is open, believing and focused, we can accomplish - we can find a way. Nothing is too great that cannot be overcome by the mindset we keep.

Training the mind not only for informative purposes related to job, profession or career, but training in critical thinking, problem solving, stress management, physical overload, and over all wellness along with

discernment, compassion and character development is key to a well-rounded individual not to mention makes for better production and result.

Mindset, then, is a belief that hope always exists and that our time in this world does make a difference to all those whom we cross paths. Mindset is a key to survival but mindset is also the key to existence - one filled with abundance and return.

Michael Aloia – Asahi Dojo, PA

**originally appeared in Aikido Now*

The image shows two large, bold Japanese characters, '善' (Shan) and '意' (I), which together mean 'Zen' or 'positive mindset'. The characters are written in a traditional, calligraphic style.

Zeni – positive mindset



WHA U.S. East Coast Director—Master Hendrix' North Carolina HapKiDo Work-Shop Schedule

Tentative: Saturday, Aug. 20th. 12-2:00 pm.
 / Topic: Kick Defense
 / Only \$45.00. (\$35 for EMA members)

Tentative: November 19th. 12-2:00 pm.
 / Topic: Advanced Grab Defense & Finger Locks
 / Only \$45.00. (\$35 for EMA members)

Note: If you are coming from out of town and wish to book a private lesson with Master Hendrix, please pre-pay and book in advance as availability is extremely limited.

2959 Battleground Ave. Greensboro, NC 27408

PayPal/Email: Mhendrix@essentialmartialarts.com
 PayPal or Call to Pay. No checks.

ph: 336-282-3000



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WORLD HAPKIDO ASSOCIATION



The Official WHA Member Publication



Master John Emmons Taekwondo Academy
Will be hosting Pro Hapkido Seminar



With Master Dan Piller
WHA Secretary General
6th Degree Black Belt

Time: 10am-1pm



If is pay by Check

*Made Payment
to: C. Maisonet*

Cost: \$ 50 Per Person

When: October 9th, 2011

**Location: 1050 Aeronautical Drive
Kissimmee, Florida 34744
407-931-1118**

Contact Mr. Luis Maisonet 863-261-2511

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www.worldhapkido.com

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WORLD HAPKIDO ASSOCIATION
The Official WHA Member Publication

Hapkido Seminar



www.WorldHapkidoAssociation.com

When: November 5th & 6th

Where: Lake Country Martial Arts
350 Cottonwood Ave. Ste A
Hartland, WI 53020

(262) 367-8785

info@LakeCountryMartialArts.com



www.LakeCountryMartialArts.com

Learn from Hapkido Master Dan Piller

Session Syllabus

- Saturday (Nov. 5th) Session to focus on the World Hapkido Association Curriculum
- Sunday (Nov. 6th) Session to focus on Pro-Hapkido Competition & advanced testing

Prerequisites

- 14 years old and older
- Blue Belt minimum or if not a LCMA Student, knowledge of Break Falls, Rolls, and other safety measures from similar styles (Hapkido, Judo, Jujitsu, etc.)



Cost per Session

\$25 for LCMA Students

\$50 for Non-LCMA Students

**Pre-register by
Saturday October
29th**

Waivers

All Non-LCMA students will need to sign a waiver.

All Non-LCMA Students under 18 will need to have a parent present.

Master Piller has dedicated his life to training and teaching martial arts and Law Enforcement Defensive Tactics. He currently serves as the Secretary General for the World Hapkido Association and travels the world teaching the art of Hapkido. He also founded Ki Martial Arts Centers, which has 3 locations in the Colorado Front Range area. Master Piller is also one of the founders of SDO (Strategic Defense Options), which focuses on Law Enforcement and civilian Defensive Tactics.

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